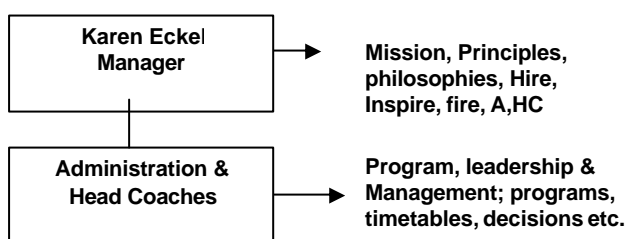


YOUR CHILD'S SUCCESS: Raising the Odds

Written by Jeff Metzger, Founding President Kids First Sports Centre

OBJECTIVES

1. To help your child gain more from his/her AGDA experience.
2. To help align all stake holders – Executive – Parent – Coach – Athlete
3. To help everyone get a little more enjoyment out of life...to have more fun!



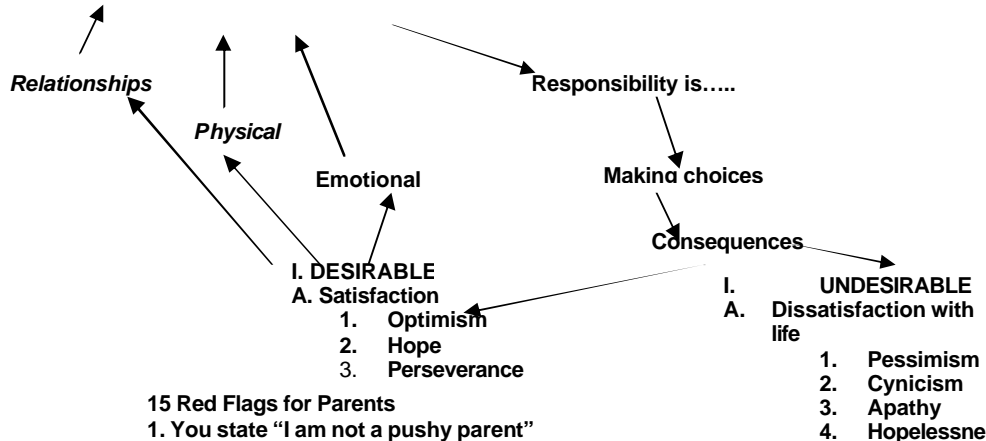
FOUR LEADERSHIP/PARENTING STRATEGIES

1. **DIRECTOR:** directs, demands, dictates.
2. **MANIPULATOR:** fear thru intimidation; belittles or ridicules bluffs...uses 'tough talk'; withholds attention/love; plays on guilt by begging or playing 'poor me'; bribes/rewards/incents.
3. **OSTRICH:** pretends, ignores, denies.
4. **MENTOR:** educates; objectively SHARES PERSPECTIVES by clearly communicating natural consequences at appropriate times.

AGDA UNIFYING PRINCIPLES

1. Respect
2. Trust & Trustworthiness
3. Cooperation & Teamwork
4. Open, forthright communication
5. Perpetual growth & initiative
6. Respect for the Academy
7. Balance & perspective

AGDA Mission..... Not Just Teaching Sport – Creating a Lifestyle.



AGDA 11 TEACHING PRINCIPLES

1. Respect
2. Keep the kids safe
3. Clearly communicate expectations
4. Catch the kids doing things right.
5. Discipline with natural consequences
6. Be enthusiastic
7. Daily challenges
8. Daily success
9. Perpetual motion
10. Creativity, variety, fun
11. Love, empathy, compassion.

15 Red Flags for Parents

1. You state "I am not a pushy parent"
2. You state "I always support the coaches/programs"
3. Your emotions ebb and tide based on child's performance.
4. Your support of coach's waxes and wanes with your child's performance ups and downs.
5. You are embarrassed after a poor performance.
6. You do not know what to say after a poor performance
7. You impact goals (overt or covert)
8. You incent performance with rewards.
9. You feel jealous of higher performing athletes.
10. You secretly want to deny another athlete their goal.
11. You make excuses to others for your child's poor performance.
12. You secretly rank or compare your child to other children.
13. You feel your child's learning pace is deterred by placement.
14. You feel compelled to watch practices.
15. You often give coaching tips to your child.

AGDA FIVE HIRING MANTRAS

1. Hire the character, train the skill.
2. We shall go short staffed before we go poorly staffed.
3. Hire and promote from within.
4. When in doubt don't hire.
5. When faced with people problems, act swiftly, seeking to do the greatest good for the greatest number.

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