

Gymnastics and Dance Timetable

Age Group/Activity	Staff Ratios	Parent Involvement	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kindergym Krew – Parent Participation Programs								
Kangaroos 2yrs to 2.5 yrs	1:8	Y			9.00-10.00		9.00-10.00	8.00-9.00
Koalas 2.5yrs to 3.5yrs	1:8	Y			10.00-11.00		10.00-11.00	8.00-9.00 or 9.00-10.00
Wombats 3.5yrs to 4.5 yrs	1:8	Y			11.00-12.00		11.00-12.00	8.00-9.00 or 9.00-10.00
Kindergym Krew								
Platypus 4yrs to 5yrs	1:8	N		3.30-4.30 or 4.30-5.30	3.30-4.30			8.00-9.00 or 9.00-10.00
Progressions to Purpose								
Monkeys – Award 1	1:8	N	4.30-5.30	3.30-4.30	3.30-4.30			10.00-11.00
Bunnys – Award 2	1:8	N	4.30-5.30	3.30-4.30 4.30-5.30	3.30-4.30			10.00-11.00
Possums – Award 3	1:8	N	3.30-4.30	4.30-5.30	4.30-5.30			11.00-12.00
Seals – Award 4	1:8	N	3.30-4.30	4.30-5.30	4.30-5.30			11.00-12.00
Award 5/6	1:10	N	5.30-7.00	5.30-7.00	5.30-7.00			12.00-1.30
Award 7/8 – 4hrs / week	1:10	N	5.30-7.30	5.30-7.30		3.30-5.30		
Recreational Levels								
Rec Level 1	1:10	N	4.00-5.30					
Rec Level 2	1:10	N			5.30-7.30			
Rec Level 3/4 - 4hrs/week	1:10	N				5.30-7.30		12.00-2.00
Boys Programs								
Award 5/6	1:10	N	5.30-7.00		6.00-7.30			
Rec Level 1 Jnr 5-7yrs	1:10	N	3.30-5.30					
Rec Level 1 6yrs Above	1:10	N	5.30-7.30					
Rec Level 2/3	1:10	N				5.30-7.30		
Dance								
Dance for Fun and Fitness 6 – 12 yrs	1:10	N			4.30-5.30			

Gymnastics - Competitive Timetable

Age Group/Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WG						
Pre-Comp (1 hr)						10.00-11.00
Reach For The Stars Aqua (3 hrs)	4.30-6.00				4.30-6.00	
Reach For the Stars Blue (4hrs)		5.30-7.30			5.00- 7.00	
Rising Stars Aqua (6 hrs)		4.30-7.30			4.00-7.00	
Rising Stars Red (10 hrs)		4.30-7.30	4.30- 7.30		3.45-7.45	
Shooting Stars Aqua (9 hrs)	4.30-7.30		4.30-7.30			10.00-1.00
Shooting Stars Blue (16 hrs)	3.45-7.45	3.45-7.45		3.45-7.45	3.45-7.45	
MG						
Shoot For The Stars Aqua (4 hrs)				4.30-7.30		10.00-1.00